Block 1 Final Study Guide F2013

**Unit 1 - Intro**

Humanistic psychology

Methods to gather information

sociocultural perspective

goals of psychology

biological perspective

surveys and experiments

scientific method

problems with generalizations

placebo

double blind studies

single blind studies

psychoanalytic theory

introspection

behaviorism

definition of psychology

**Unit 2 - body and biology**

convergence

rules of perception

synapse

pituitary gland

functions of temporal lobe, occipital lobe, frontal lobe, and parietal lobe

patterns of sleep

sensory adaptation

use of cochlea implants

damage to inner and middle ear

REM sleep

figure ground perception

division of the nervous system

vestibular sense

sensory awareness

biofeedback

purpose of sleep

function of peripheral system

difference threshold

signal detection theory

main division of the central nervous system

rods and cones

closure

systematic desensitization

sensation seekers

meditation

importance of twin/adoptee studies

absolute threshold

parasympathetic nervous system

**Unit3 - Learning and Thinking**

classical conditioning

operant conditioning

distributed versus massed learning

reinforcement - positive and negative

elaborative rehearsal

chunking

interference

social learning perspective

observational learning

state dependent memories

schedule of reinforcement - partial, fixed, ratio, variable

**Unit 5 - Personality**

Individuation

Big Five

Humanistic perspective

validity and reliability

Freud versus Horney

Freud’s theory

Performance versus learning goals

function of id, superego, and ego

Allport

nature nurture debate

sublimation

trait theory

James Lange Theory

Abraham Maslow

Cannon Bard

drive reduction theory

biological versus psychological needs

surface versus source traits

balance theory

Carl Rogers

Albert Bandura

use of trait theory

Eysenck’s theory

Adler

Fixation

self actualization

self esteem and sociocultural theory

Psychoanalytic theory

rationalization

repression

regression

CPI versus MMPI-2

Projective Personality Tests

steps to answering essay questions

vocational interests inventories

techniques to answer m.c. questions

**Unit 6 - Health and Adjustment**

Multifactorial model of schizophrenia

biological perspective of mood disorders

OCD

bipolar disorder

conversion disorders

DSM-IV

types of mood disorders

what is a psychological disorder

narcissistic personality disorder

dissociative disorder

somatoform Disorders

obsession versus compulsion

panic disorders

anti social personality disorder

hyperchondriasis

PTSD

causes of schizophrenia

goal of cognitive therapy

methods of psychoanalysis

effects of electroconvulsive surgery

use of humanistic therapy

person centered therapy